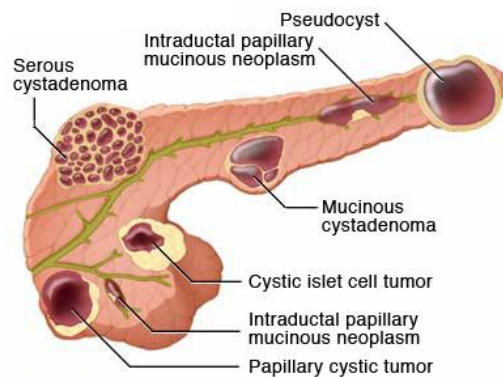


Cysteuze afwijkingen in het pancreas



Hendrik van Dullemen, MDL-arts
Universitair Medisch Centrum Groningen
Veldhoven 2017



Geen belangenverstrengeling.

Waar gaat dit over?

- Type cysten van de pancreas
- Diagnostiek
- Hoe mee om te gaan

Pancreatic cystic lesions: PCL Incidentie

24% in prospectieve autopsie serie.

Kimura W, Int J Pancreatol 1995

20% op CT gemaakt voor een andere indicatie.

Zhang X.M et al. Radiology 2002

13,5% MR imaging examinations of 616 consecutive patients

Lee KS, Am J Gastroenterol. 2010

2,4% High prevalence of pancreatic cysts detected by screening magnetic resonance imaging examinations

De Jong K, Clin Gastroenterol Hepatol 2010

Classification

Pancreatic Cystic Lesions

→ **Pseudocysts** 80-90 %

Neoplastic 5-10 %

- Serous cystadenoma
- Mucinous cystadenoma
- Mucinous cystadenocarcinoma
- Intraductal papillary mucinous neoplasm
- Cystic endocrine tumor
- Solid and pseudopapillary neoplasm
- Acinar cell cystadenocarcinoma

Congenital 5-10 %

- “Simple” cyst
- Polycystic disease
- Cystic fibrosis
- Von Hippel–Lindau–associated cysts

Other

- Lymphoepithelial cyst
- Parasitic infection (e.g., amebiasis, *Ascaris* infection) Rare

Pancreatic Cystic Lesions

Serous cystadenoma

- Variable, usually 5th to 7th decade
- Females > males
- Incidental or abdominal pain or mass effect
- Microcystic/ honeycomb appearance
- Oligocystic appearance less common
- Aspirate: thin, often bloody
- Cuboidal cells that stain positive for glycogen; yield <50 %
- CEA<5-20 ng/mL in majority of lesions
- Relative malignant potential is negligible
- Resect if symptomatic

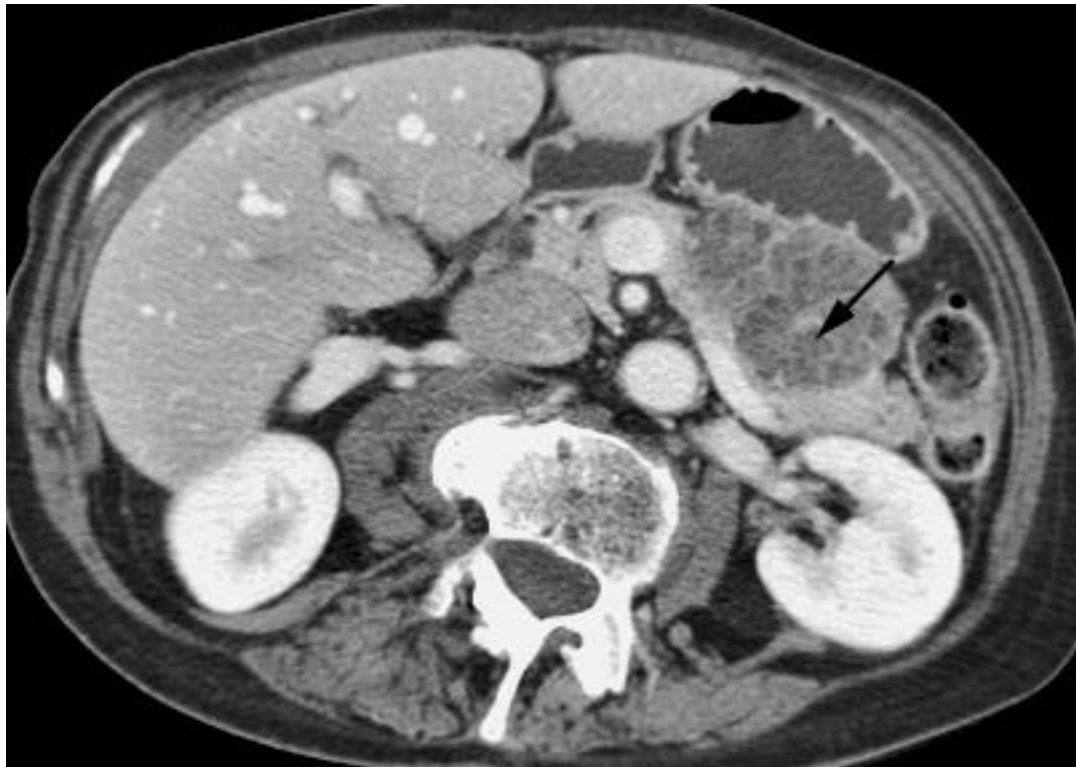
Pancreatic Cystic Lesions

Serous cystadenoma

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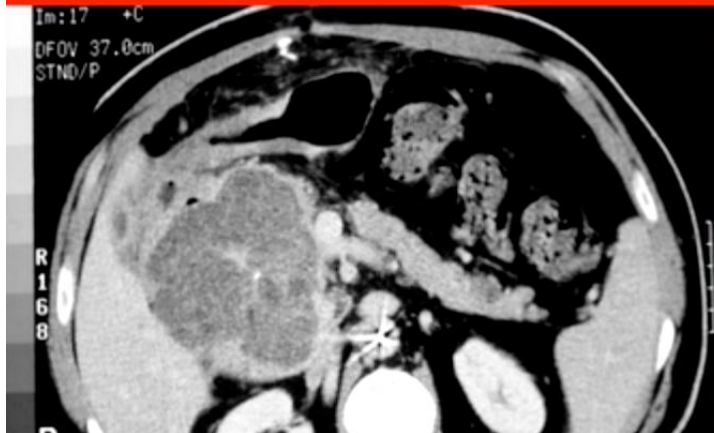
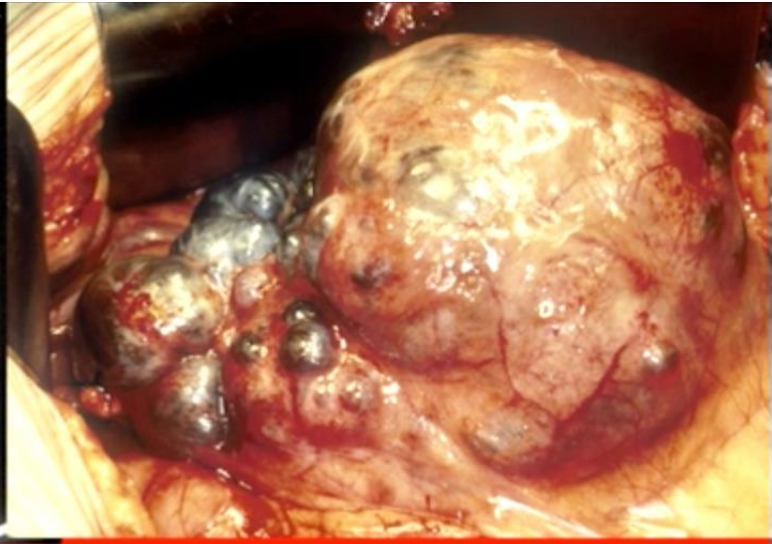
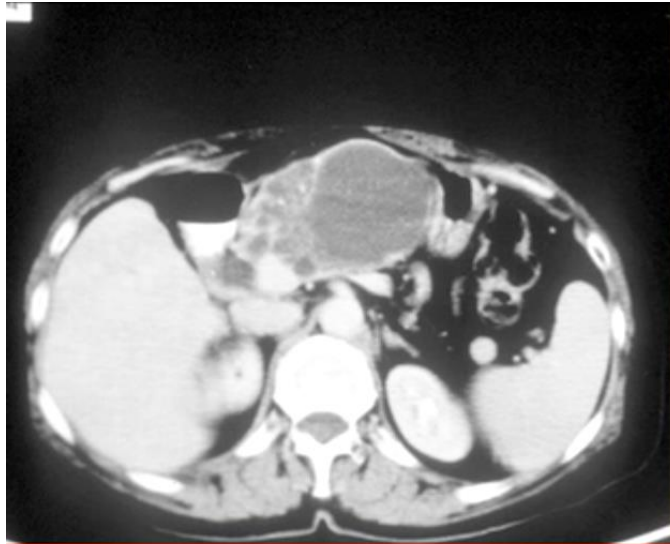
Pancreatic Cystic Lesions

Serous cystadenoma



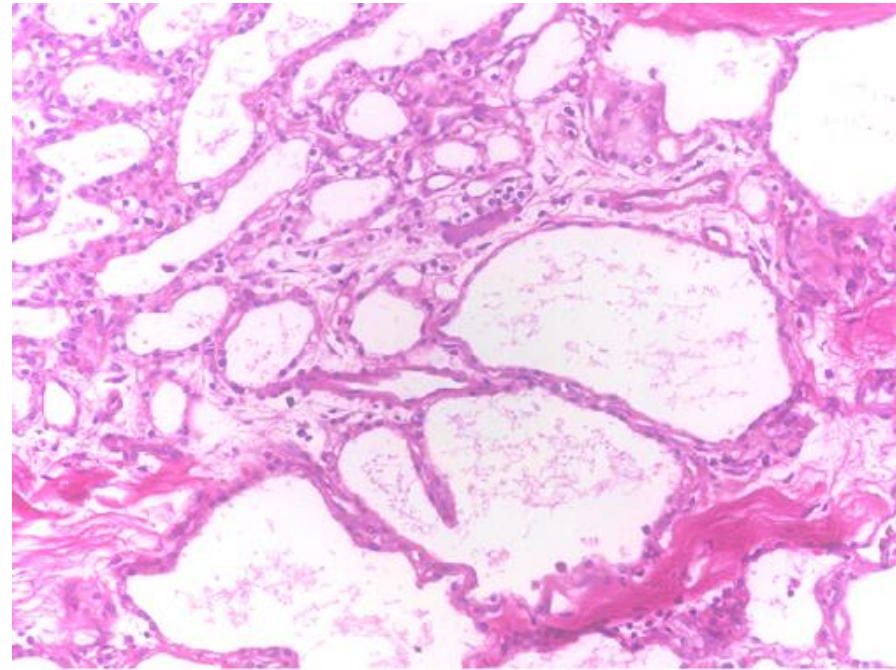
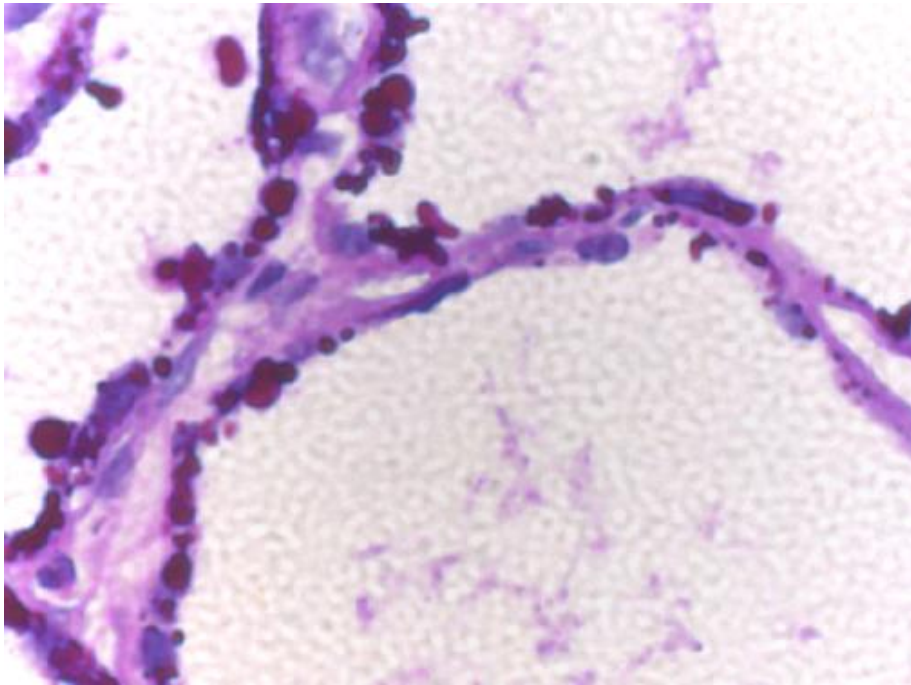
Pancreatic Cystic Lesions

Serous cystadenoma



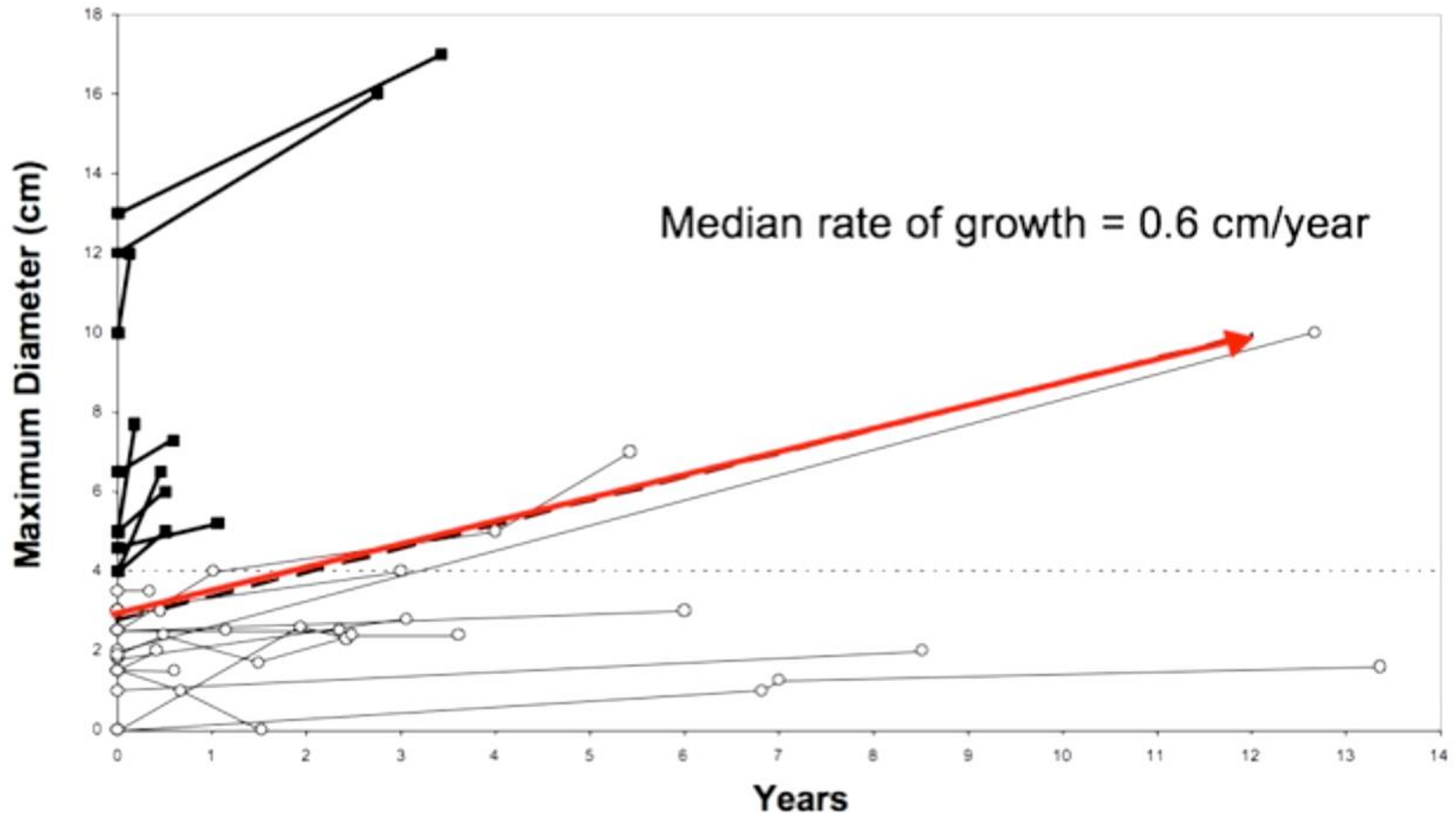
Pancreatic Cystic Lesions

Serous cystadenoma



Pancreatic Cystic Lesions

Serous cystadenoma



Pancreatic Cystic Lesions

Mucinous cystadenoma

- Variable, usually 5th to 7th decade
- Predominant females
- Incidental or abdominal pain or malignancy related
- Unilocular or septated cyst +/- wall calcifications
Solid component, if present, may suggest malignancy
- Columnar cells with variable atypia
Stains positive for mucin; yield <50 percent
High yield from solid component for malignancy
- Aspirate: viscous
- CEA >200 ng/mL in approximately 75 percent of lesions
- Relative malignant potential: moderate
- **Resection**

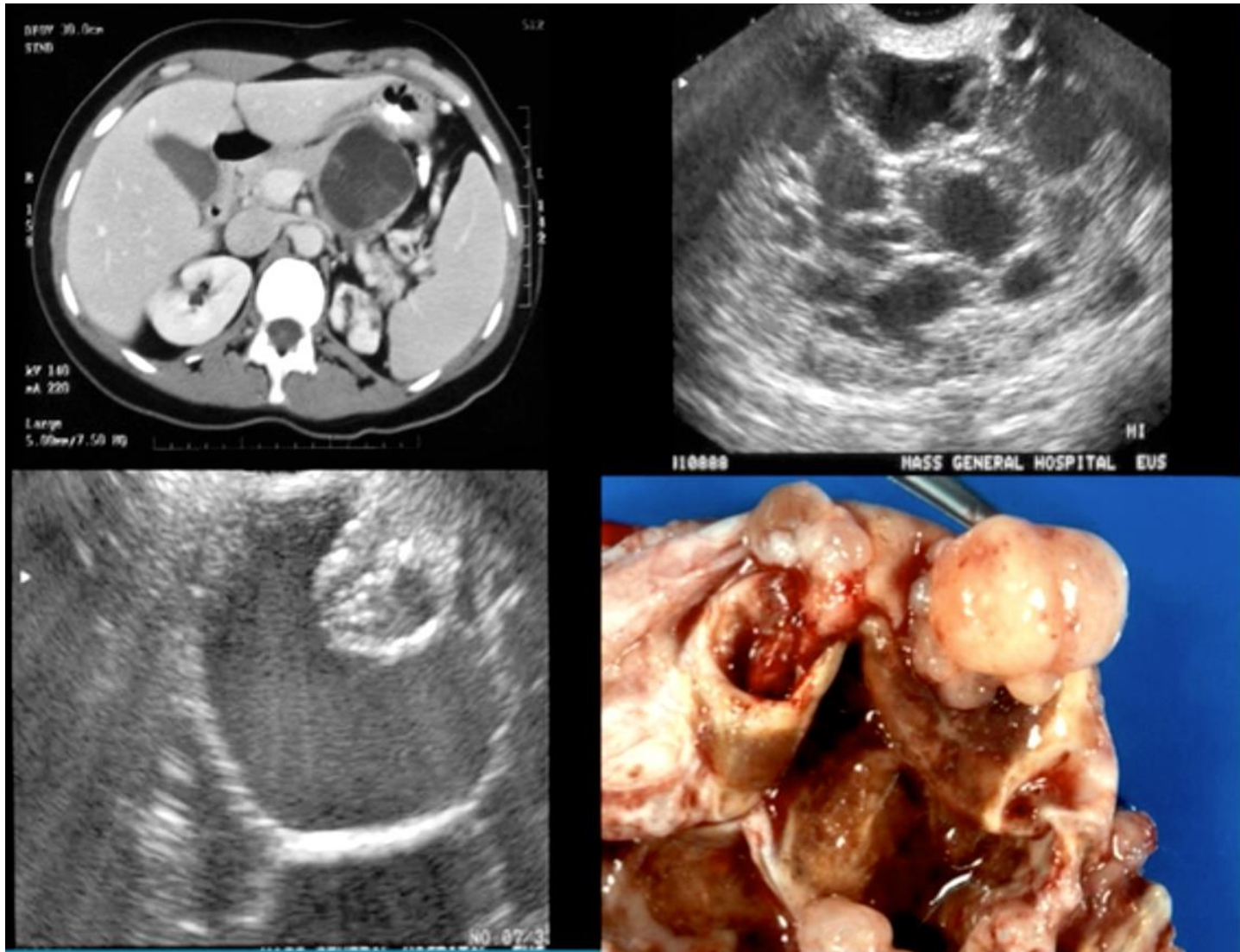
Pancreatic Cystic Lesions

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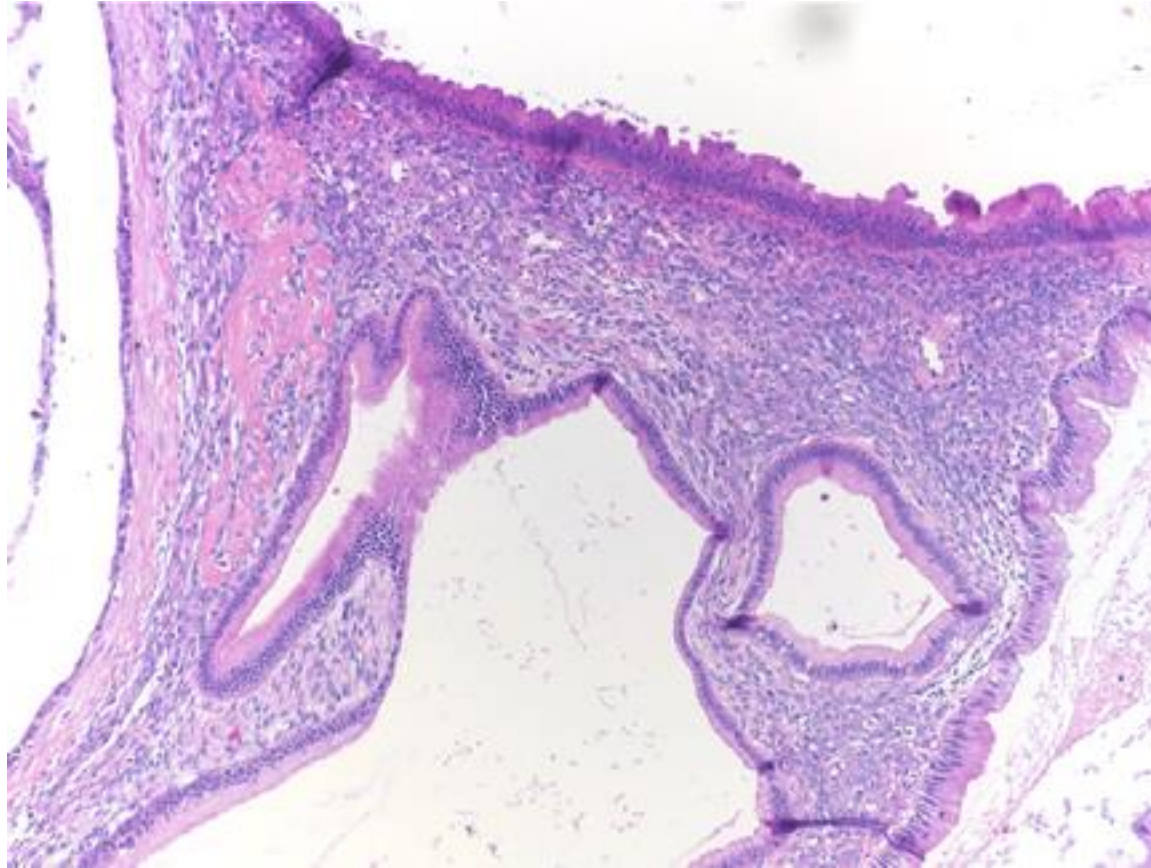
Pancreatic Cystic Lesions

Mucinous cystadenoma



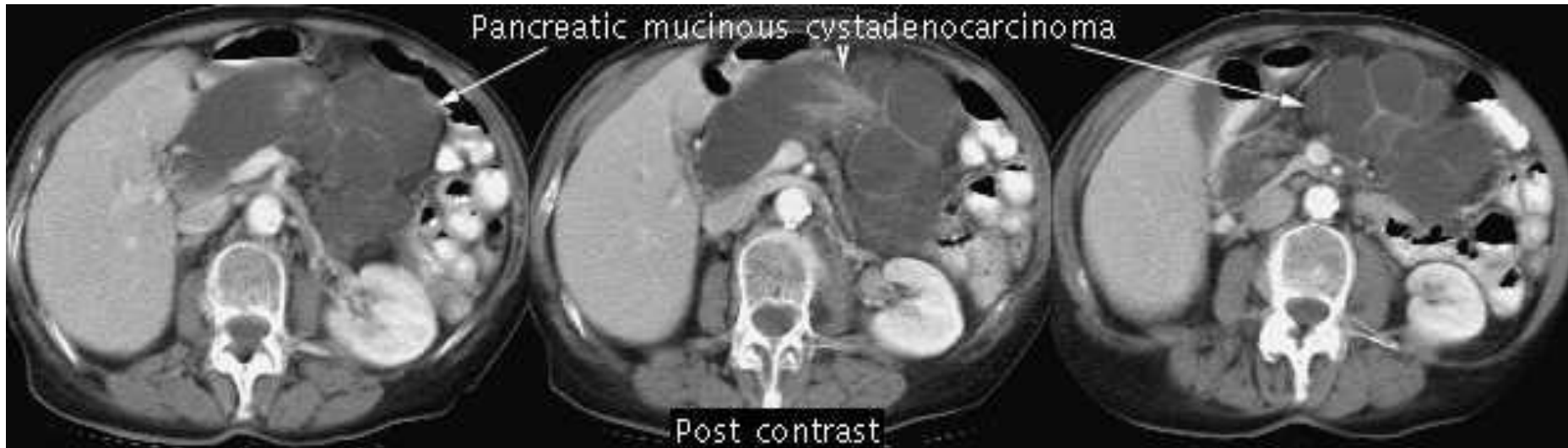
Pancreatic Cystic Lesions

Mucinous cystadenoma



Pancreatic Cystic Lesions

Mucineus Cystadenocarcinoom(MCAC)



Pancreatic Cystic Lesions

Main duct intraductal papillary mucinous neoplasm IPMN

- Variable, usually 5th to 7th decade
- Females = males
- Incidental or pancreatitis or pancreatic insufficiency or malignancy related
- Dilated main pancreatic duct +/- parenchymal atrophy
- Solid component, if present, may suggest malignancy
- Aspirate is viscous
- Columnar cells with variable atypia stains positive for mucin; yield <50 percent
- High yield from solid component for malignancy
- CEA >200 ng/mL in approximately 75 percent of lesions
- Relative malignant potential is high
- Resection and post resection surveillance

Pancreatic Cystic Lesions

Main duct intraductal papillary mucinous neoplasm IPMN

- Variable, usually 5th to 7th decade
- Females = males
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- High yield from solid component for malignancy
- CEA >200 ng/mL in approximately 75 percent of lesions
- Relative malignant potential is high
- Resection and post resection surveillance

Pancreatic Cystic Lesions

Branch duct intraductal papillary mucinous neoplasm IPMN

- Variable, usually 5th to 7th decade
- Females = males
- Incidental or pancreatitis or pancreatic insufficiency or malignancy related
- Dilated branch pancreatic duct +/- parenchymal atrophy
- Solid component, if present, may suggest malignancy
- Aspirate is viscous
- Columnar cells with variable atypia stains positive for mucin; yield <50 percent
- High yield from solid component for malignancy
- CEA >200 ng/mL in approximately 75 percent of lesions
- Relative malignant potential is moderate / low
- **surveillance**

Pancreatic Cystic Lesions

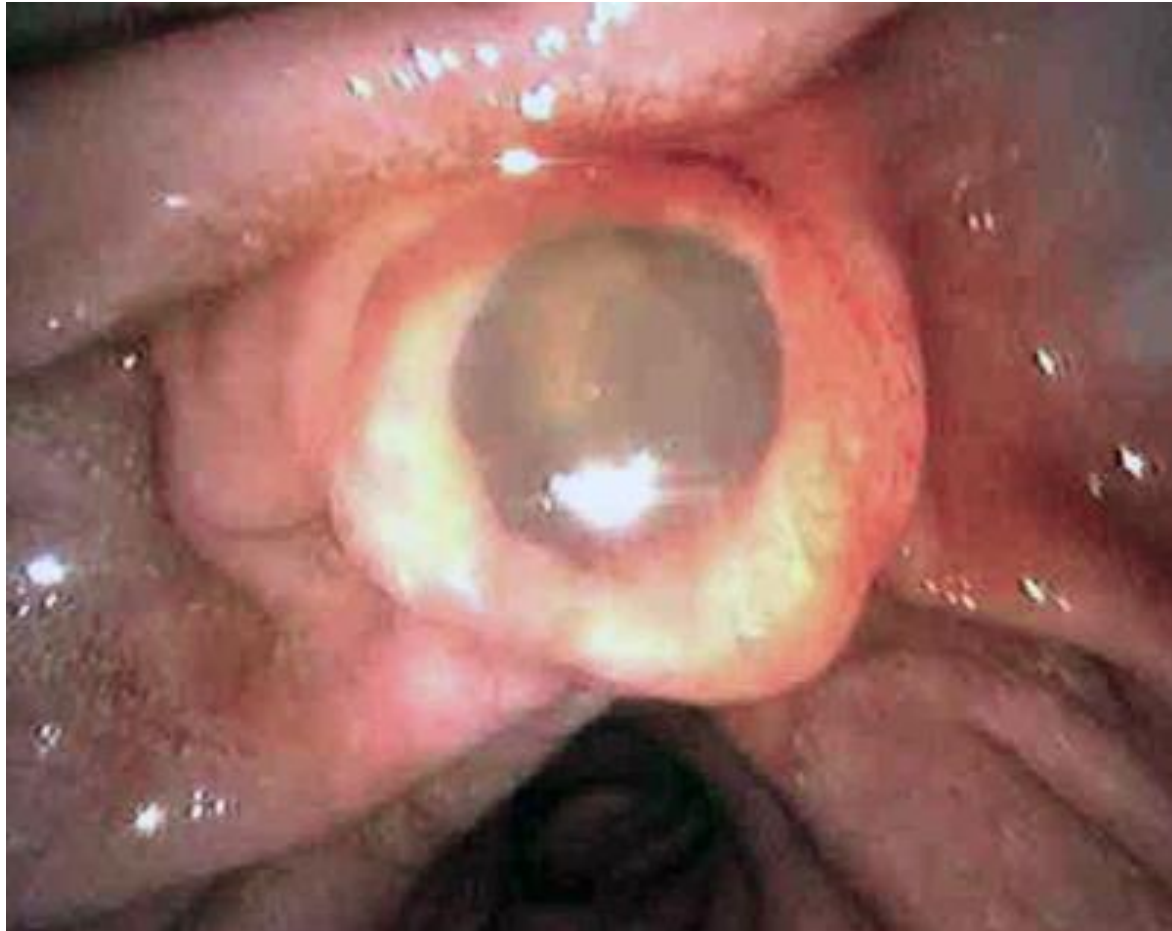
Branch duct intraductal papillary mucinous neoplasm IPMN

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- Aspirate is viscous
- Columnar cells with variable atypia stains positive for mucin; yield <50 percent
- High yield from solid component for malignancy
- CEA >200 ng/mL in approximately 75 percent of lesions
- Relative malignant potential is moderate / low
- surveillance

Pancreatic Cystic Lesions

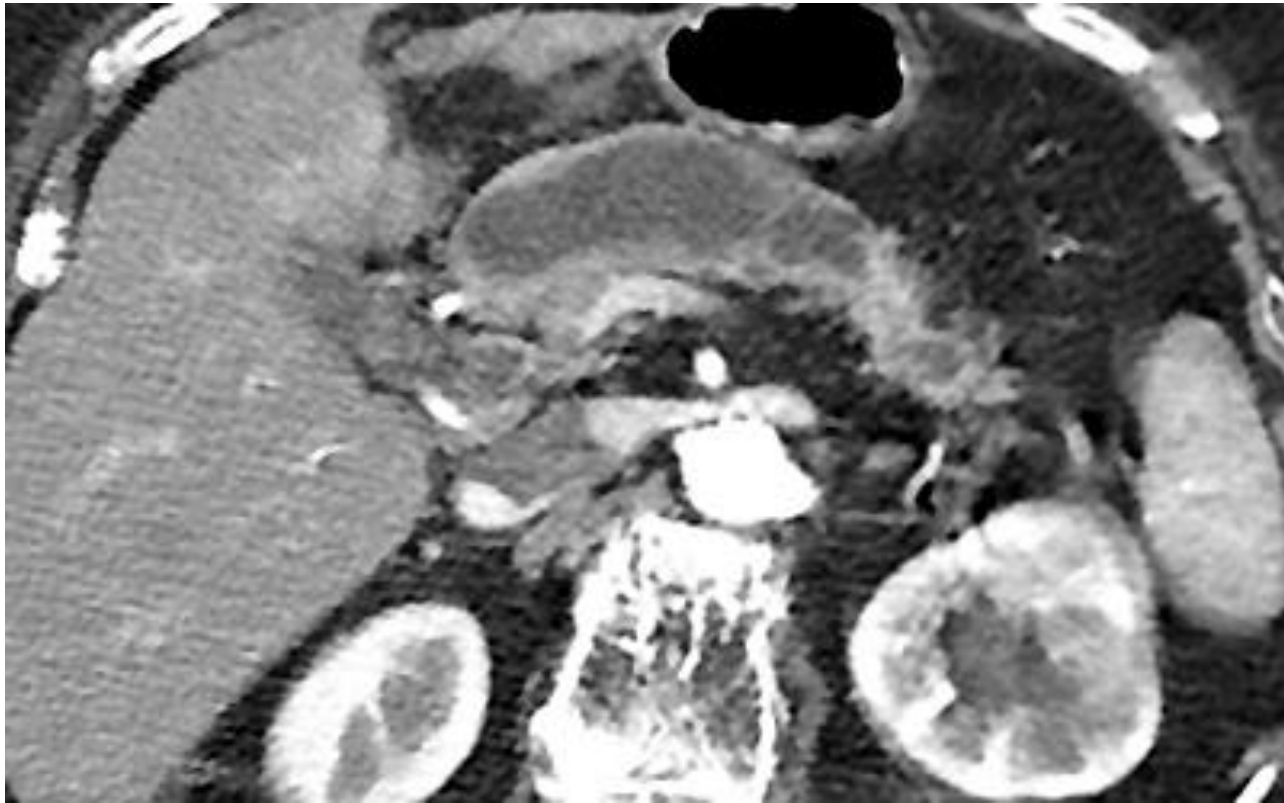
intraductal papillary mucinous neoplasm

IPMN



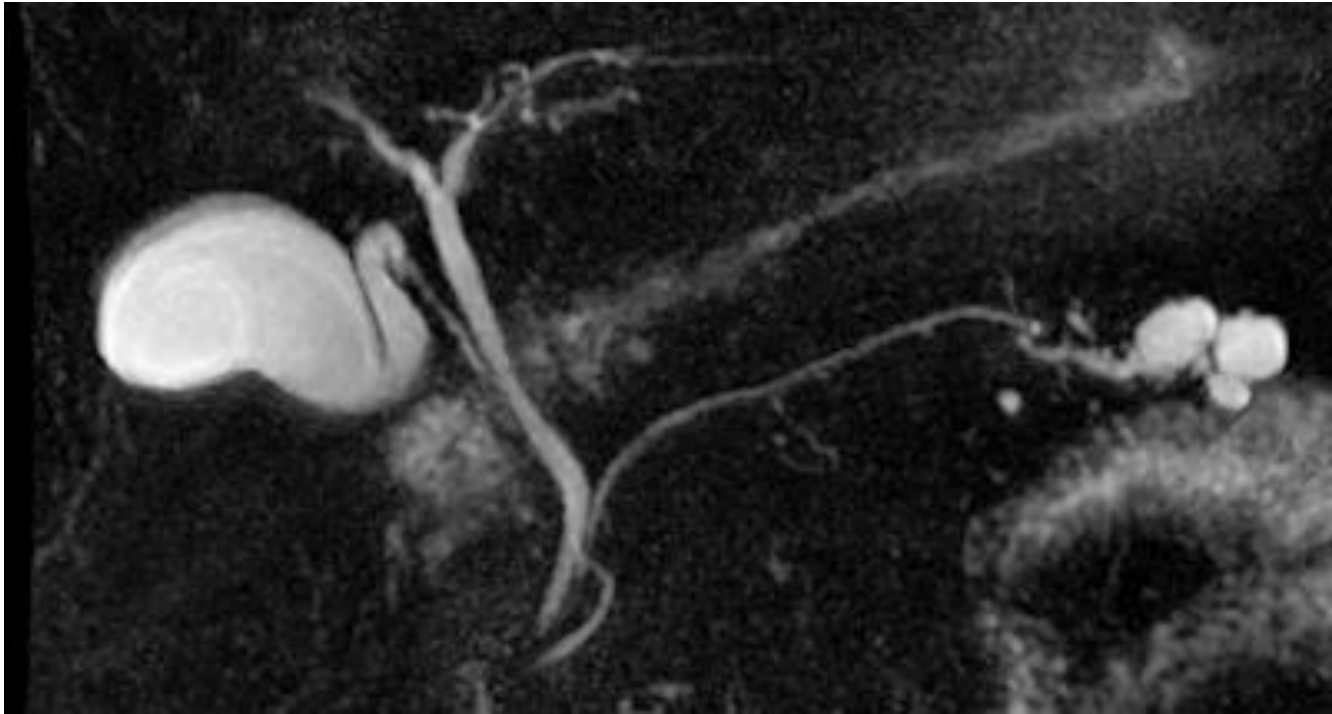
Pancreatic Cystic Lesions

**intraductal papillary mucinous neoplasm
IPMN**



Pancreatic Cystic Lesions

**intraductal papillary mucinous neoplasm
IPMN**



Pancreatic Cystic Lesions

Solid pseudopapillary neoplasm

- Usually 2nd to 3rd decade
- Females > males
- Association hep B
- Incidental or abdominal pain or mass effect
- Imaging: solid and cystic mass +/- calcifications
- Aspirate: bloody
- Characteristic branching papillae with myxoid stroma
High yield from solid component
- Typical CEA level in aspirate: Insufficient data
- Relative malignant potential is moderate to high
- **Resection**

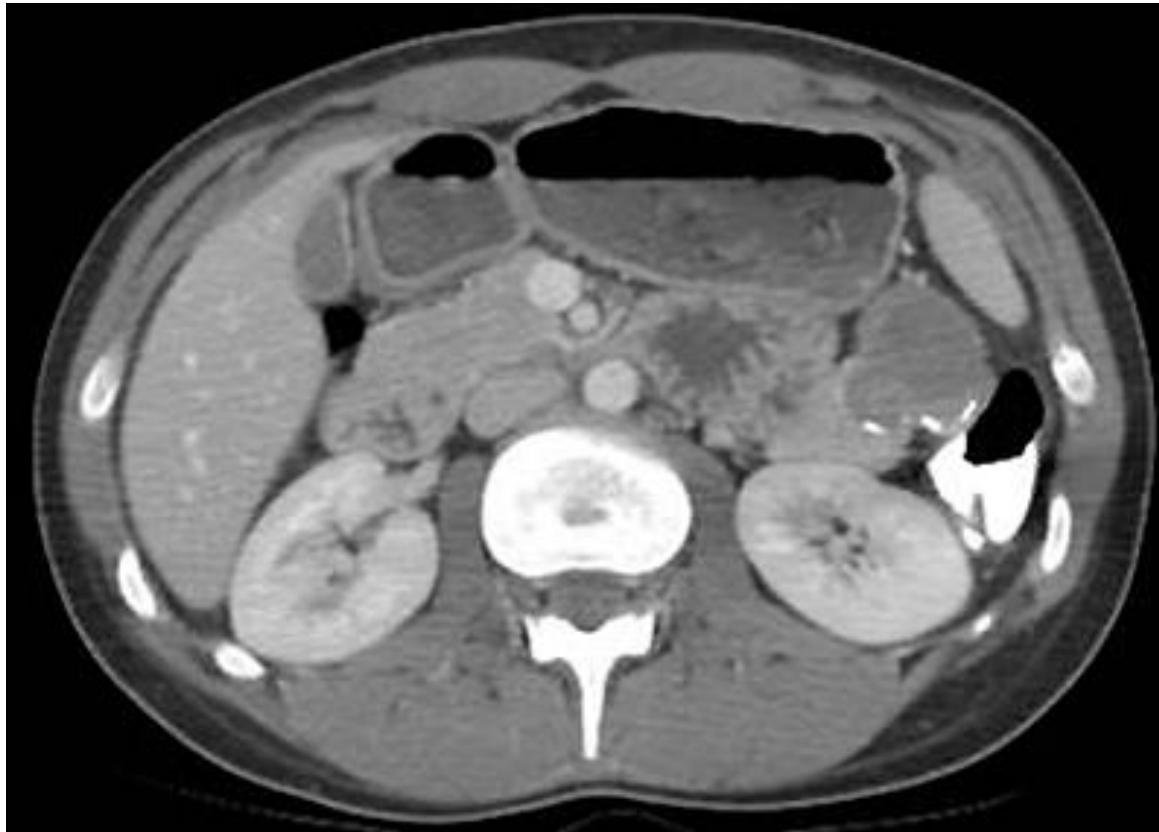
Pancreatic Cystic Lesions

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- **Resection**

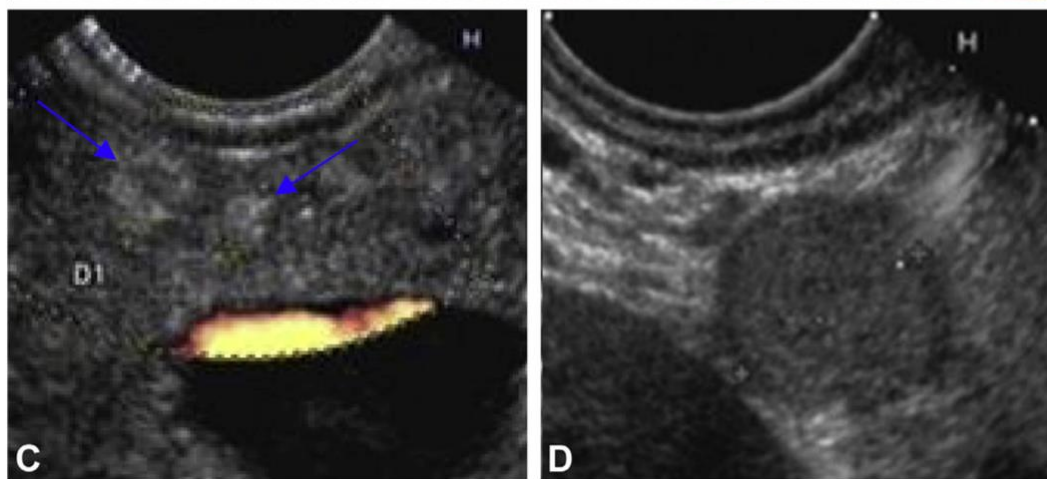
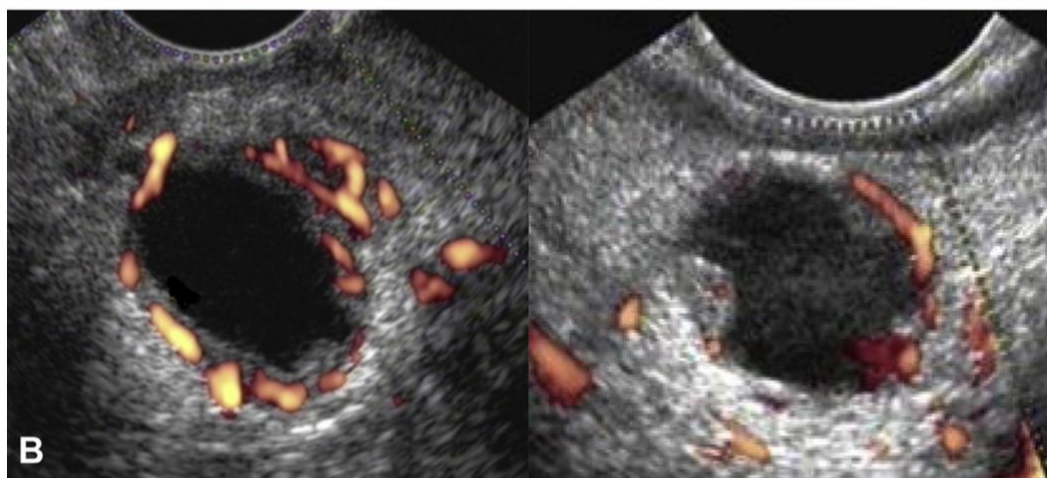
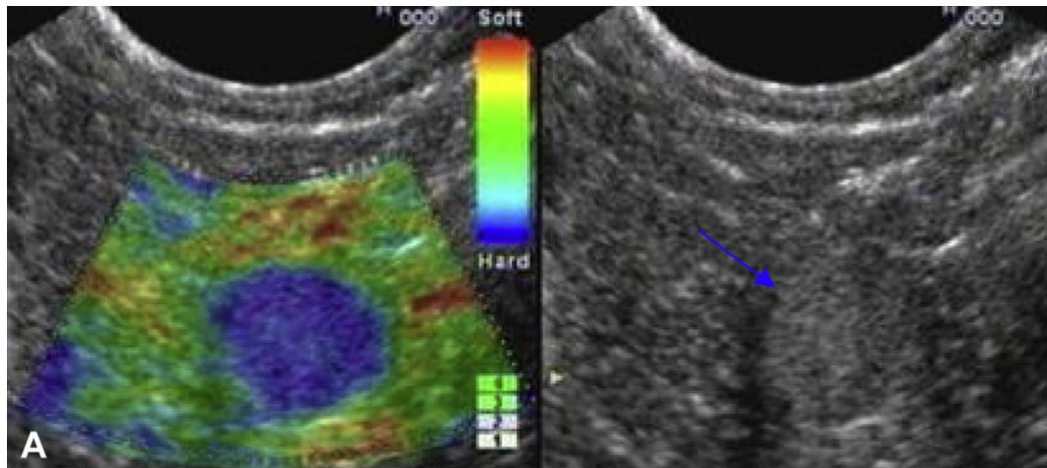
Pancreatic Cystic Lesions

Solid pseudopapillary neoplasm



Neuroendocrine tumor pancreas







Ziekte van Von Hippel-Lindau

- ✓ Incidentie 1:36.000
 - ✓ 90% penetrantie op 65 jarige leeftijd
 - ✓ de-novo mutaties 20%
 - ✓ Nederland 400 patiënten
 - ✓ Autosomaal dominant
- (VHL tumor suppressor gen Chromosoom 3 p 25-26; 3 exonen)



Eugen von Hippel.



Arvid Lindau

- ✓ In 1904, von Hippel described a rare disorder of the retina, and in 1911 discovered the anatomical basis of this disease, which he named "angiomatosis retinae".

Klinische manifestaties

| | Mean (range) age of onset (years) | Frequency in patients (%) |
|---------------------------------|-----------------------------------|---------------------------|
| CNS | | |
| Retinal haemangioblastomas | 25 (1–67) | 25–60% |
| Endolymphatic sac tumours | 22 (12–50) | 10% |
| Craniospinal haemangioblastomas | | |
| Cerebellum | 33 (9–78) | 44–72% |
| Brainstem | 32 (12–46) | 10–25% |
| Spinal cord | 33 (12–66) | 13–50% |
| Lumbosacral nerve roots | Unknown (..) | <1% |
| Supratentorial | Unknown (..) | <1% |
| Visceral | | |
| Renal cell carcinoma or cysts | 39 (16–67) | 25–60% |
| Phaeochromocytomas | 30 (5–58) | 10–20% |
| → Pancreatic tumour or cyst | 36 (5–70) | 35–70% |
| Epididymal cystadenoma | Unknown (..) | 25–60% |
| Broad ligament cystadenoma | Unknown (16–46) | Unknown |

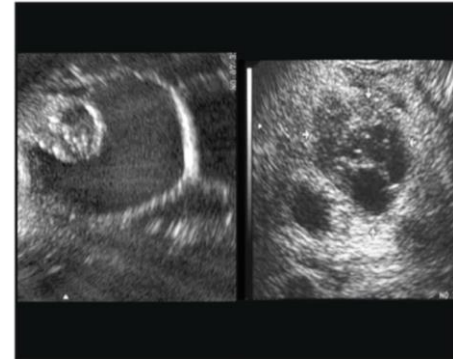
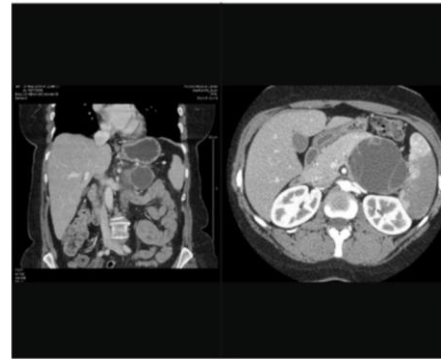
Pancreatic Cystic Lesions

- PCL zijn niet zeldzaam.
- Vaak per toeval ontdekt.

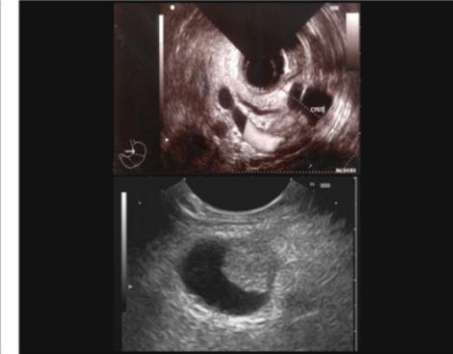
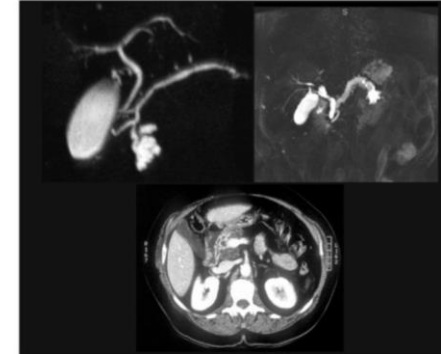
VOMIT: victims of modern imaging technology
an acronym for our times *BMJ* 2003;326:1273.1

Landelijke toetsvraag?

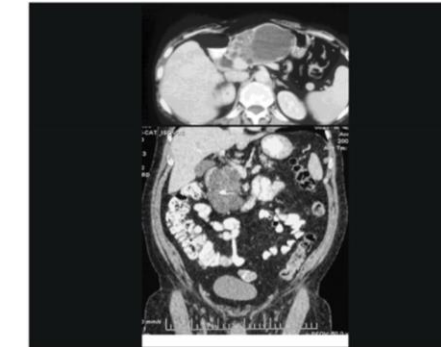
A. Mucinous cystic neoplasm



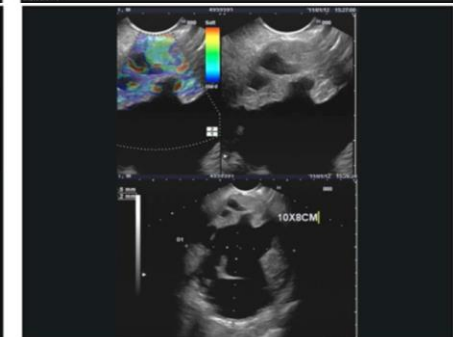
B. IPMN



C. Serous cystadenoma



D. Cystic neuroendocrine tumor



Classification

Pancreatic Cystic Lesions

Hoe betrouwbaar is onze diagnostiek?

Endo-echo met/zonder FNA/FNB en aspiratie

CT-abdomen

MRI

Key demographic and clinical features of patients with pancreatic cystic neoplasms

No malignant potential

| | Serous cystadenoma | Mucinous cystadenoma | Main duct intraductal papillary mucinous neoplasm | Branch duct intraductal papillary mucinous neoplasm | Solid pseudopapillary neoplasm |
|---|--|---|---|---|---|
| Age of presentation | Variable, usually 5th to 7th decade | Variable, usually 5th to 7th decade | Variable, usually 5th to 7th decade | Variable, usually 5th to 7th decade | Usually 2nd to 3rd decade |
| Gender distribution | Females > males | Exclusively females | Females = males | Females = males | Females > males |
| Typical clinical presentation | Incidental or abdominal pain or mass effect | Incidental or abdominal pain or malignancy related | Incidental or pancreatitis or pancreatic insufficiency or malignancy related | Incidental or pancreatitis or malignancy related | Incidental or abdominal pain or mass effect |
| Typical imaging characteristics | Microcystic/honeycomb appearance Oligocystic appearance less common | Unilocular or septated cyst +/- wall calcifications Solid component, if present, may suggest malignancy | Dilated main pancreatic duct +/- parenchymal atrophy Solid component, if present, may suggest malignancy | Dilated pancreatic duct branch or branches Solid component, if present, may suggest malignancy | Solid and cystic mass +/- calcifications |
| Typical aspirate characteristic | Thin, often bloody | Viscous | Viscous | Viscous or thin | Bloody |
| Typical cytology findings | Cuboidal cells that stain positive for glycogen; yield <50 percent | Columnar cells with variable atypia Stains positive for mucin; yield <50 percent High yield from solid component for malignancy | Columnar cells with variable atypia Stains positive for mucin; yield <50 percent High yield from solid component for malignancy | Columnar cells with variable atypia Stains positive for mucin; yield <50 percent High yield from solid component for malignancy | Characteristic branching papillae with myxoid stroma High yield from solid component |
| Typical carcinoembryonic antigen (CEA) level | <5-20 ng/mL in majority of lesions | >200 ng/mL in approximately 75 percent of lesions | >200 ng/mL in approximately 75 percent of lesions | >200 ng/mL in approximately 75 percent of lesions | Insufficient data |
| Typical DNA analysis | Allelic loss affecting chromosome 3p rarely detected | K-ras mutation specific (>90 percent), not sensitive (<50 percent) High DNA amount or high amplitude allelic loss seen in malignancy | K-ras mutation specific (>90 percent), not sensitive (<50 percent) High DNA amount or high amplitude allelic loss seen in malignancy | K-ras mutation specific (>90 percent), not sensitive (<50 percent) High DNA amount or high amplitude allelic loss seen in malignancy | Insufficient data |
| Relative malignant potential | Negligible | Moderate | High | Low to moderate | Moderate to high |
| Treatment | Resect if symptomatic | Resection | Resection and post resection surveillance | Closely monitor or resect Post resection surveillance required | Resection |

Modified and reprinted by permission from: Macmillan Publishers Ltd. Khalid, A, Brugge, WR. ACG practice guidelines for the diagnosis and management of neoplastic pancreatic cysts. Am J Gastroenterol 2007; 102:2339. Copyright © 2007.

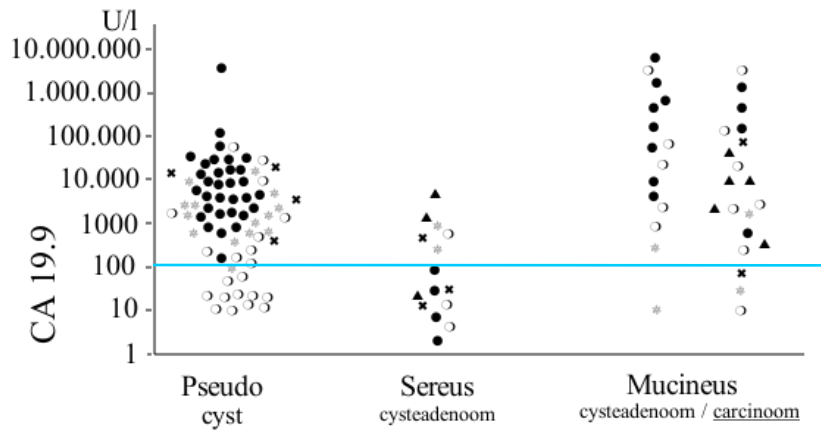
Cyste vloeistof diagnostiek

Wie:

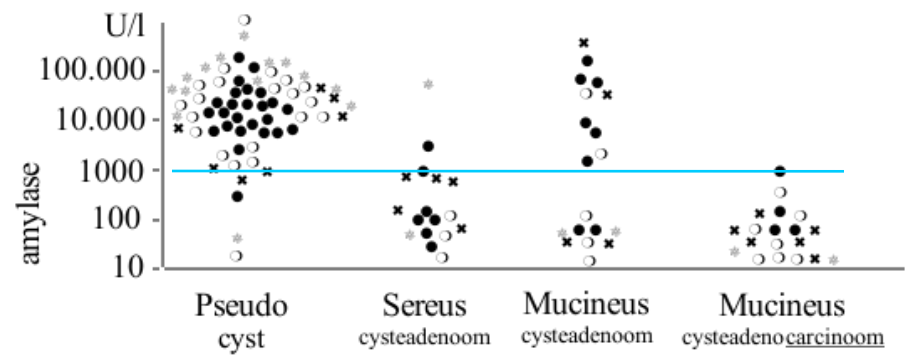
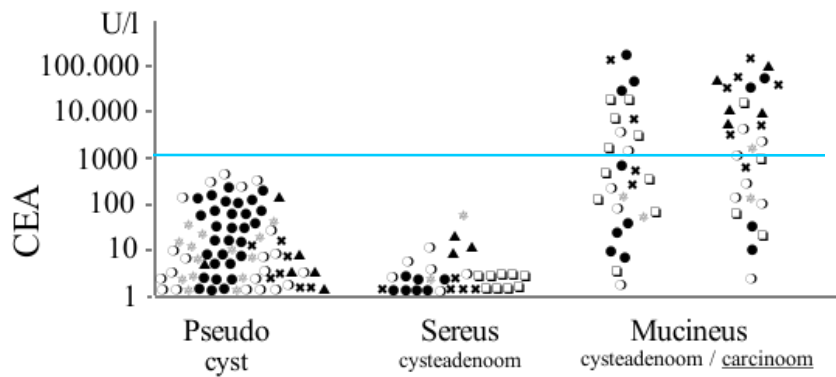
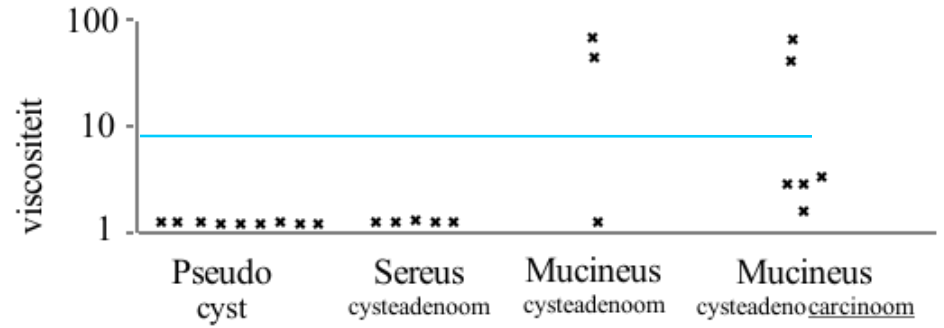
- asymptomatische patienten
- verhoogd OK risico
- mogelijk een pseudocyste (transgastrische drainage)

Wat:

- CEA
- amylase
- cytologie
- CA 19.9
- (viscositeit)



(serum = 1.4-1.8)
ratio t.o.v. water



Pancreatic Cystic Lesions

CT-scan

| Authors (yr) | Patients (n) | Comparisons | Accuracy (%) |
|------------------------------|--------------|------------------------|-----------------------|
| Johnson et al[4] (1988) | 35 | SCA, MCN | 93-95 for SCA and MCN |
| Procacci et al[6] (1997) | 26 | SCA | 61 |
| Procacci et al[7] (1999) | 100 | SCA, MCN | 60 |
| Le Borgne et al[3] (1999) | 349 | SCA, MCA, MCAC | 20-30 |
| Curry et al[8] (2000) | 50 | SCA, MCN | 23-41 for SCA |
| Walsh et al[9]* (2002) | 34 | SCA, MCN, PC | 38-78 |
| Cohen-Scali et al[10] (2003) | 33 | Macrocytic SCA, PC/MCA | 83 for SCA |
| Bassi et al[5]* (2003) | 100 | SCA | 54 |
| Gerke et al[11] (2006) | 41 | Benign vs M/PM | 71 |

Pancreatic Cystic Lesions

EUS

| Authors (yr) | Technique | Patients (n) | Histologic Confirmation | Accuracy of EUS (%) | Accuracy of Cytology (%) |
|----------------------------|-----------|--------------|-------------------------|--------------------------------------|--------------------------------|
| Brugge et al[13]* (2004) | EUS FNA | 341 | 112 | 51 | 59 |
| Frossard et al[14]* (2003) | EUS FNA | 127 | 67 | 77 | 97 |
| Sedlack et al[39] (2002) | EUS FNA | 34 | 34 | 82 | 55 |
| Hernandez et al[40] (2002) | EUS FNA | 43 | 9 | Predicted malignancy in 8/9 | Sensitivity for malignancy 2/9 |
| Gress et al[21] (2000) | EUS | 35 | 35 | Not stated | — |
| Koito et al[41] (1997) | EUS | 52 | 52 | 92-96 (for neoplastic lesions) | — |
| Ahmad et al[42] (2001) | EUS | 98 | 48 | No features predictive of malignancy | — |
| Ahmad et al[43] (2003) | EUS | 31 | 31 | 40-93 Interobserver variation ++ | — |
| Chatelain et al[44] (2002) | EUS | 8 | 8 | Not stated | — |
| Gerke et al[45] (2006) | EUS | 66 | 43 | 65 | — |

Classification

Pancreatic Cystic Lesions

Hoe betrouwbaar is onze diagnostiek?

Endo-echo met/zonder FNA/FNB en aspiratie

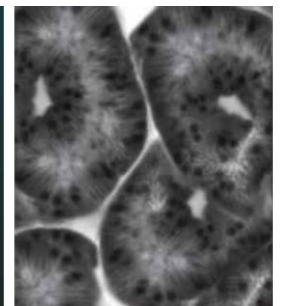
CT-abdomen

MRI

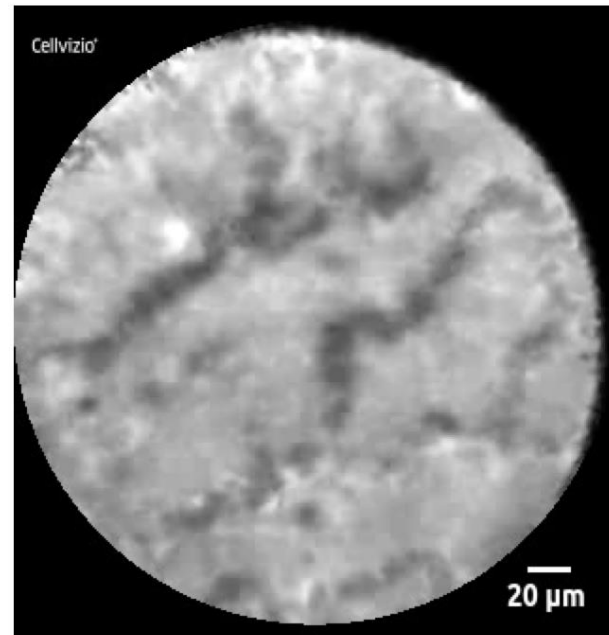
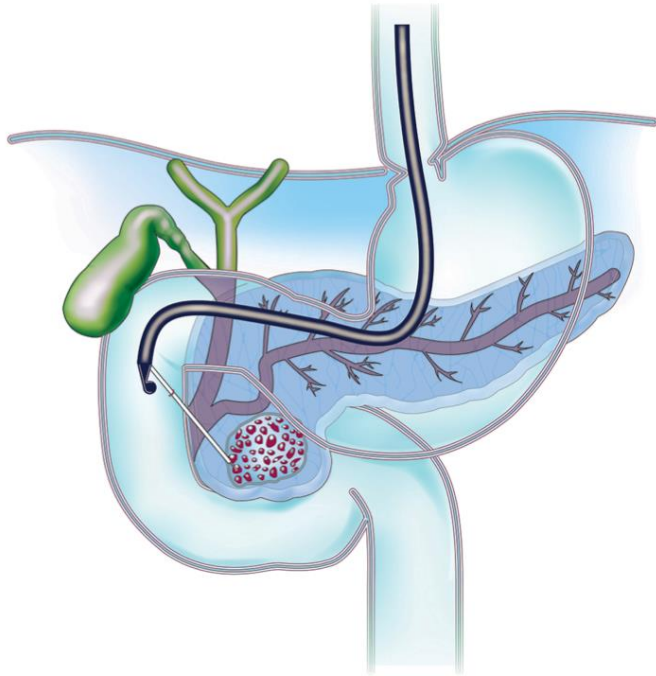
Confocal laser endoscopie **New!**

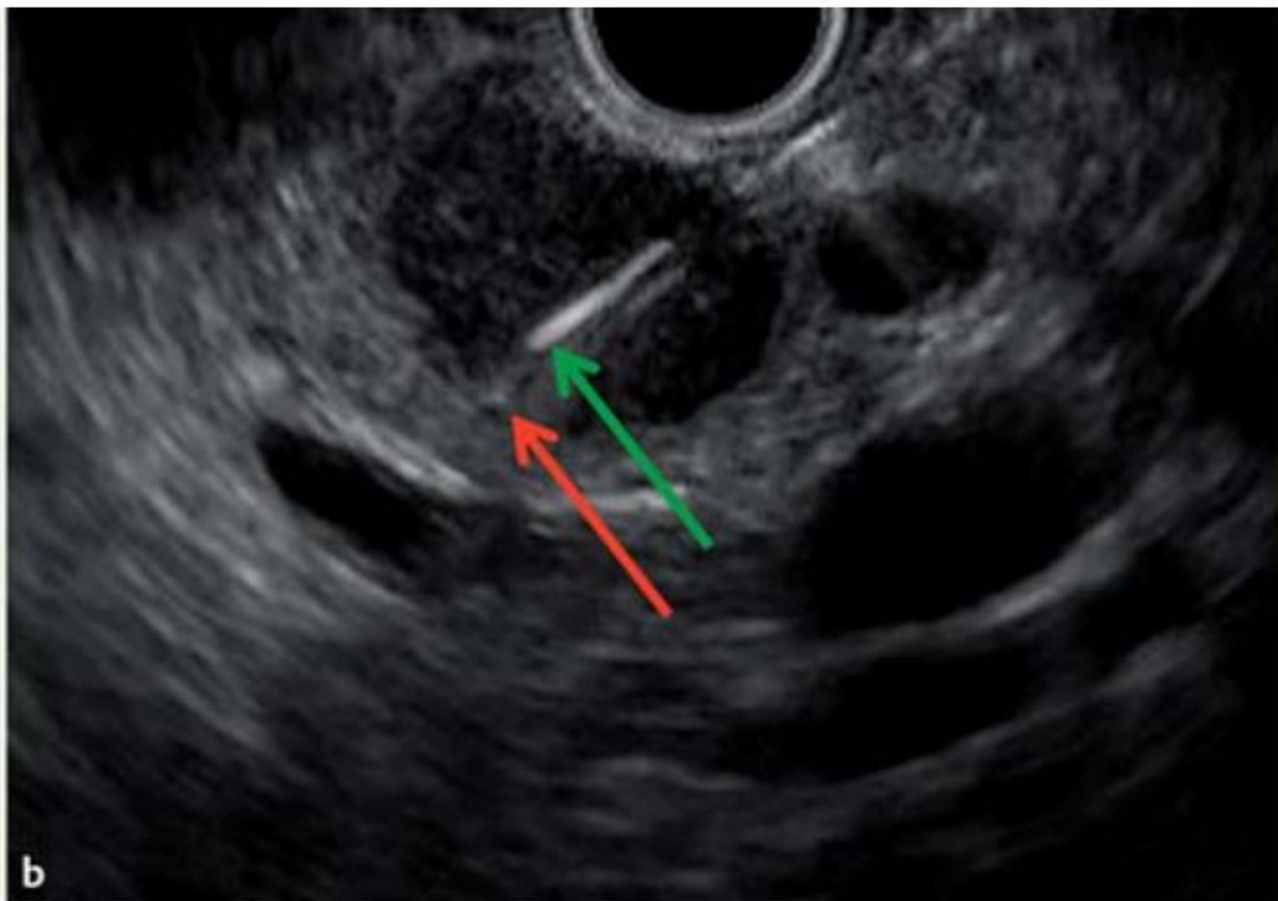


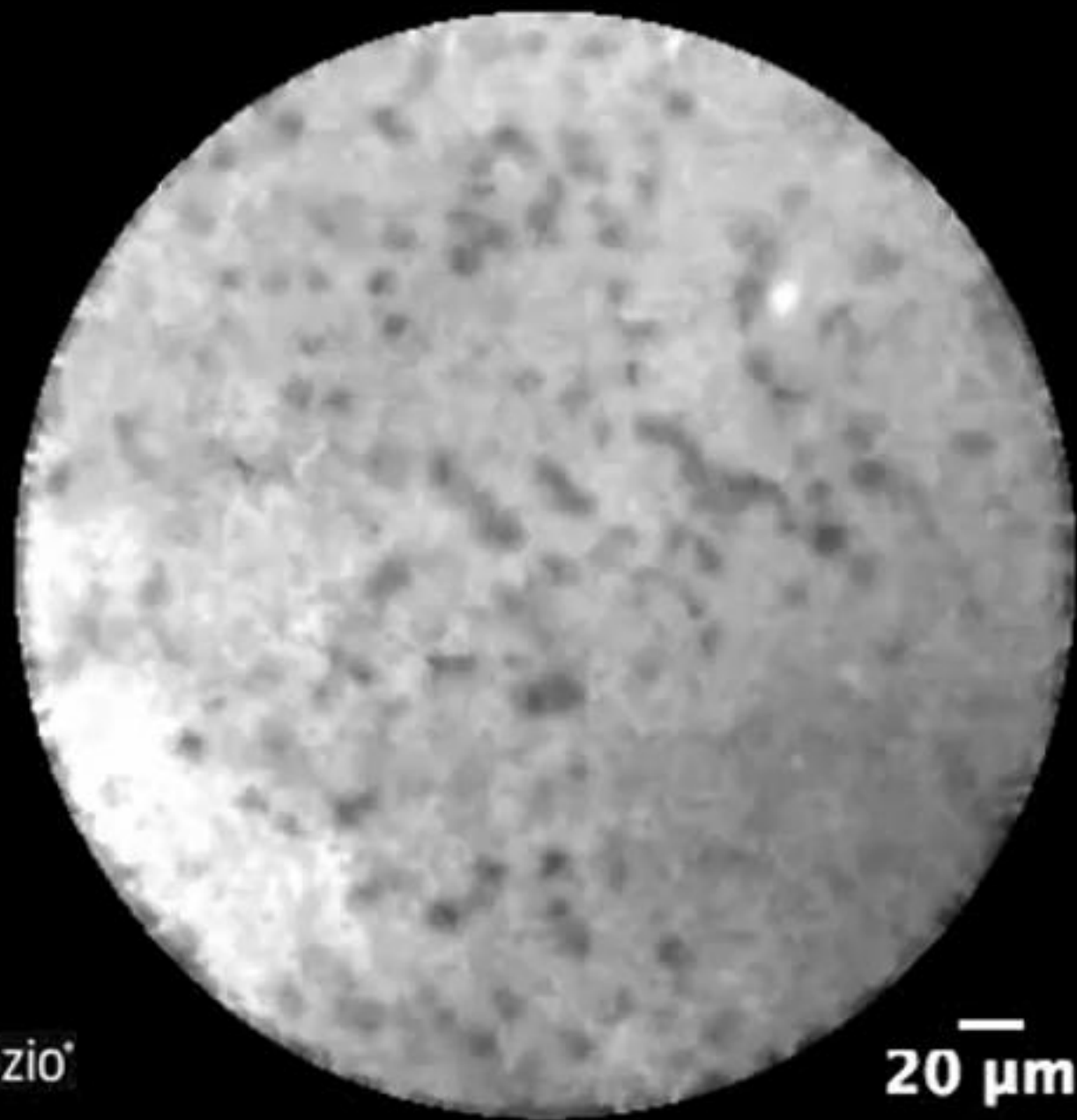
Confocal laser endoscopy





In vivo cellular visualization of molecular tracers using confocal laser endomicroscopy (CLE)







 Cellvizio®


20 μm



Micro forceps

19 G Naald via lineair EUS



Achtergrond:

Asymptomatische pancreascysten worden steeds vaker ontdekt in het huidige tijdperk van frequente beeldvorming.

De maligne potentie van dergelijke cystes is waarschijnlijk klein, hoewel exacte gegevens ontbreken.

Een recent gepubliceerde Europese consensus richtlijn adviseert dergelijke patiënten levenslang, half jaarlijks tot jaarlijks, te controleren.

Hoewel het nut van deze surveillance is niet bewezen is.



De studie is opgezet als een internationale cohort studie en zal 10 jaar in beslag nemen. De eerste analyse vindt plaats na 3 jaar.

Patiënten

met 1. Recent (< 6 maanden) of 2. eerder gediagnostiseerde pancreascyste, of een geopereerd Intraductaal Papillair Mucineus Neoplasma (IPMN), met een indicatie voor surveillance volgens de behandelend arts.

Exclusie:

chronische pancreatitis, pseudocyste of sereus cyste adenoom



Mucineus Cystadenoom waarschijnlijk: dus resectie!?



Mucineus Cystadenoom waarschijnlijk: dus resectie!?

OR  NJE DEFINITIEVE SELECTIE



CILLESSEN



VORM



ZOET



BLIND



HOEDT



KARSDORP



DE LIGT



MARTINS INDI



TETE



VELTMAN



VIERGEVER



DE VRIJ



BERGHUIS



KLAASSEN



SNEIJDER



STROOTMAN



TOORNSTRA



VILHENA



WIJNALDUM



DOST



JANSSEN



LENS



MEMPHIS



PROMES



ROBBEN

ASGE guideline: the role of endoscopy in the diagnosis and the management of cystic lesions and inflammatory fluid collections of the pancreas

Gastroenterology 2015;148:819–822

AGA SECTION

American Gastroenterological Association Institute Guideline on the Diagnosis and Management of Asymptomatic Neoplastic Pancreatic Cysts



Santhi Swaroop Vege,¹ Barry Ziring,² Rajeev Jain,³ Paul Moayyedi,⁴ and the Clinical Guidelines Committee

¹Division of Gastroenterology and Hepatology, Mayo Clinic, Rochester, Minnesota; ²Division of Internal Medicine, Sidney Kimmel College of Medicine, Thomas Jefferson University, Philadelphia, Pennsylvania; ³Texas Digestive Disease Consultants, Dallas, Texas; ⁴Division of Gastroenterology, Hamilton Health Sciences, McMaster University, Hamilton, Ontario, Canada

1. The AGA recommends that before starting any pancreatic cyst surveillance program, patients should have a clear understanding of programmatic risks and benefits.

2. The AGA suggests that patients with pancreatic cysts <3 cm without a solid component or a dilated pancreatic duct undergo MRI for surveillance in 1 year and then every 2 years for a total of 5 years if there is no change in size or characteristics. (Conditional recommendation, Very low quality evidence)

3. The AGA suggests that pancreatic cysts with at least 2 high-risk features, such as size \geq 3 cm, a dilated main pancreatic duct, or the presence of an associated solid component, should be examined with EUS-FNA. (Conditional recommendation, Very low quality evidence)

4. The AGA suggests that patients without concerning EUS-FNA results should undergo MRI surveillance after 1 year and then every 2 years to ensure no change in risk of malignancy. (Conditional recommendation, Very low quality evidence)

5. The AGA suggests that significant changes in the characteristics of the cyst, including the development of a solid component, increasing size of the pancreatic duct, and/or diameter \geq 3 cm, are indications for EUS-FNA. (Conditional recommendation, Very low quality evidence)

1. The AGA recommends that before starting any pancreatic cyst surveillance program, patients should have a clear understanding of programmatic risks and benefits.
2. The AGA suggests that patients with pancreatic cysts <3 cm without a solid component or a dilated pancreatic duct undergo MRI for surveillance in 1 year and then every 2 years for a total of 5 years if there is no change in size or characteristics. (Conditional recommendation, Very low quality evidence)
3. The AGA suggests that pancreatic cysts with at least 2 high-risk features, such as size ≥ 3 cm, a dilated main pancreatic duct, or the presence of an associated solid component, should be examined with EUS-FNA. (Conditional recommendation, Very low quality evidence)
4. The AGA suggests that patients without concerning EUS-FNA results should undergo MRI surveillance after 1 year and then every 2 years to ensure no change in risk of malignancy. (Conditional recommendation, Very low quality evidence)
5. The AGA suggests that significant changes in the characteristics of the cyst, including the development of a solid component, increasing size of the pancreatic duct, and/or diameter ≥ 3 cm, are indications for EUS-FNA. (Conditional recommendation, Very low quality evidence)

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- VOMIT
- Pancreascysten zijn niet zeldzaam
- Determinatie cysten is lastig
- CLE en biopten cysten: nieuwe aanvulling
- Niet alles is bekend mbt natuurlijk beloop cysten
Pacific studie
- Voorlopig moet u het maar met een richtlijn doen